

Capel Cheetahs

www.capelcheetahs.co.uk

CAPEL 5 and CAPEL 1 FUN RUN



Venue: Capel St Mary, Playing Field Pavillion. Friars, Capel St Mary, IP9 2XS

Date: Sunday, 14th June 2009

Time: Capel 1 starts at 11.45 am. Capel 5 at 12.30pm

Entry Fee: Capel 5: £5.00 affiliated/club members.
£7.00 for **entry on the day**
£7.00 non-affiliated members.
£9.00 for **entry on the day**
Capel 1: £3.50 or £5.50 for **entry on the day**

Closing Date for entries : 7th June 2009 (Entries also accepted on Race Day £2.00 extra see above, subject to race limit of 200)
Medals will be awarded to all those who finish their race.
Prizes and trophies will be awarded to winners in all main categories.
If you are 15 years old and over you can run the Capel 5. Anyone can run the Capel 1 Fun Run. Just complete the Entry Form and send with your entry fee and a large stamped, addressed envelope for the return of your race number to: Sandra Bumphrey, Capel Cheetahs Secretary, 5 Smithers Close, Capel St Mary, Ipswich, IP9 2HN. Tel. 01473 312114

Races Kindly Sponsored by
Mall-Wood Insurance Services Ltd & S A Prior
Builders



Capel 5/1
Sunday 14th June 2009 at 12.30p.m.
License no.20090234
ENTRY FORM



Event Entered: Capel 1/Capel 5

Surname: _____

First Name: _____

Sex: M/F. Age on Race day: ____ D.O.B: __/__/__

Address: _____

Post Code: _____ Tel. No: _____

Email _____*

Club: _____ Affiliation No. _____

Entry Fee: Capel 5: £5.00 affiliated/club members. £7.00 on the day
£7.00 non-affiliated members. £9.00 on the day

Capel 1: £3.50 before closing date or £5.50 on the day

Closing date for entries: 7th June 2009 (Subject to race limit of 200)

A signed entry form will be considered as your acceptance of BAF rules and as a declaration that you will not hold the organisers or their servants liable for any injury, loss, or action claim whatsoever resulting from your participation in this event.

Please enclose the correct entry fee for the event (cheques made payable to 'Capel Cheetahs Running Club') and a large stamped, addressed envelope for the return of your race number. Send to Sandra Bumphrey, 5 Smithers Close, Capel St Mary, Ipswich IP9 2HN tel 01473 312114

Signed: _____

Parent/Guardian Signature (if under 18).

Date: _____

*If you do not want this email address used for marketing purposes by The Sweatshop please tick this box