

Under 13 Girls

2010

Position	Time	No.	Surname	First Name	Club Name
1	00.11.37	241	Soames	Megan	Waveney Valley AC
2	00.11.50	244	Tooley	Sophie	West Suffolk A.C.
3	00.11.52	214	Cheverton	Alice	City Of Norwich AC
4	00.12.33	235	Watts	Emma	St Edmund Pacers
5	00.12.36	234	Strickland	Emily	St Edmund Pacers
6	00.13.08	220	Peake	Katie	Ipswich Harriers
7	00.13.15	233	Knott	Kerry	St Edmund Pacers
8	00.13.23	216	Cox	Rebecca	Felixstowe Road Runners
9	00.13.45	222	Browes	Nicole	Ipswich High School
10	00.13.54	225	Mair	Olivia	Ipswich High School
11	00.14.10	240	Moyes	Emily	Stowmarket Striders
12	00.14.15	226	Morey	Ellise	Ipswich High School
13	00.14.23	232	Johnstone	Gaia	St Edmund Pacers
14	00.15.18	215	Brennan	Rowena	Felixstowe Road Runners
15	00.15.26	213	Oldman	Ruby	Bungay Black Dog RC
16	00.15.31	228	Mason	Taryn	Kingsfleet School
17	00.16.18	221	Ramsey	Skye	Ipswich Harriers
18	00.16.35	223	Elston	Victoria	Ipswich High School

TEAMS

1	St Edmund Pacers	4, 5, 7	=	16 pts
2	Ipswich High School	9, 10, 12	=	31 pts

Under 13 Boys

2010

Position	Time	No	Surname	First Name	Club Name
1	00.11.02	84	McKie	Cameron	West Suffolk A.C.
2	00.11.21	79	Morton Christopher	Bradley	Stowmarket Striders
3	00.11.25	82	Anthony	Sebastian	West Suffolk A.C.
4	00.11.30	80	Finch	Jamie	Waveney Valley AC
5	00.11.36	77	Seymour	Adam	St Edmund Pacers
6	00.11.46	75	Le-Poidevin	Matthew	St Edmund Pacers
7	00.12.05	60	Parker	Ben	Felixstowe Road Runners
8	00.12.09	62	Philbedge	Seth	Hadleigh High School
9	02:24:00	66	Passmore	Theo	Ipswich Harriers
10	00.12.15	76	Nicholas	Matthew	St Edmund Pacers
11	00.12.46	56	Oldman	Ted	Bungay Black Dog RC
12	00.13.06	70	Haskell	Matthew	Kingsfleet School
13	00.13.14	65	Kitchen	Aiden	Ipswich Harriers
14	00.13.18	81	Milton	Jayson	Waveney Valley AC
15	00.14.11	63	Bemrose	James	Ipswich Harriers
16	00.14.20	69	Harrold	Max	Kingsfleet School
17	00.14.39	58	Charles	Ben	Diss Athletic Club
18	00.14.53	57	Oldman	William	Bungay Black Dog RC
19	00.14.59	74	Alldis	Levan	St Edmund Pacers
20	00.15.24	68	Barkes	Harley	Kingsfleet School

TEAMS

1	St Edmund Pacers	5, 6, 10	=	21 pts
2	Ipswich Harriers	9, 13, 15	=	37 pts
3	Kingsfleet School	12,16,20	=	48 pts

Under 15 Girls

2010

Position	Time	No.	Surname	First Name	Club Name
1	00.18.07	191	Gooderham	Emily	St Edmund Pacers
2	00.18.48	197	Carson	Samantha	West Suffolk AC
3	00.18.57	192	Maguire	Alice	St Edmund Pacers
4	00.19.47	193	Robinson	Lucy	St Edmund Pacers
5	00.20.02	189	Robinson	Emily	Ipswich High School
6	00.22.41	198	James	Lauren	West Suffolk AC

TEAMS

1	St Edmund Pacers	1,3,4	=	8 pts
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Under 15 Boys

2010

Position	Time	No	Surname	First Name	Club Name
1	00.14.50	333	Wattleworth	Bradley	Ipswich Harriers
2	00.15.41	331	Revell	Andrew	Ipswich Harriers
3	00.15.52	346	Cripps	Adam	West Suffolk A.C.
4	00.16.00	322	McMorran	Kieran	Bungay Black Dog RC
5	00.16.21	329	Jones	Oliver	Ipswich Harriers
6	00.16.39	344	Oliver	Dominic	Waveney Valley AC
7	00.16.41	337	McCarthy	Jake	St Edmund Pacers
8	00.17.45	245	Anthony	Jack	West Suffolk A.C.
9	00.17.45	349	Mills	Edmund	West Suffolk A.C.
10	00.18.03	341	Smailes	Robert	Stowmarket Striders
11	00.18.12	343	Upton	Toby	Stowmarket Striders
12	00.19.01	350	Ollington	Zac	West Suffolk A.C.
13	00.20.29	339	Burdett	Samual	Stowmarket Striders
14	00.22.25	320	Kingston	Miles	Bungay Black Dog RC
15	00.25.12	342	Smailes	James	Stowmarket Striders
16	00.35.08	334	Foulger	Matthew	Orwell Panthers AC

TEAMS

1	Ipswich Harriers	1, 2, 5	=	8 pts
2	West Suffolk A.C.	3, 8, 9	=	20 pts
3	Stowmarket Striders	10, 11, 13	=	34 pts

Under 20 Men

2010

Position	Time	No.	Surname	First Name	Club Name
1	00.30.55	94	Ling	Jonathan	Ipswich Jaffa
2	00.32.34	100	Fry	Charlie	West Suffolk A.C.
3	00.44.32	95	Foulger	Stephen	Orwell Panthers AC

NO TEAMS

Senior Men

2010

Position	Time	No.	Surname	First Name	Club Name	Category
1	00:43:05	469	Robinson	Steve	St Edmund Pacers	Senior
2	00:44:02	448	Holly	Paul	Newmarket Joggers 'A'	Veteran
3	00:44:39	496	Irvine	Gordon	Thames Valley Harriers	Senior
4	00:45:22	463	Kingsnorth	Tom	St Edmund Pacers	Senior
5	00:45:49	421	Chenery	Robert	Ipswich JAFFA	Senior
6	00:46:40	497	Ridley	Colin	West Suffolk A.C.	Veteran
7	00:46:56	483	Palmer	Nick	Stowmarket Striders	Senior
8	00:47:49	444	Coogan	V	Newmarket Joggers 'A'	Senior
9	00:47:56	405	Stone	Roger	Felixstowe Road Runners	Veteran
10	00:49:52	459	Golding	Peter	St Edmund Pacers	Veteran
11	00:49:54	424	MacSephney	Scott	Ipswich JAFFA	Veteran
12	00:50:33	488	Stevens	Nick	Stowmarket Striders	Veteran
13	00:50:34	445	Davis	Greg	Newmarket Joggers 'A'	Veteran
14	00:51:21	485	Seymour	Chris	Stowmarket Striders	Veteran
15	00:51:32	446	Edwards	Stephen	Newmarket Joggers 'A'	Veteran
16	00:51:47	466	Milligan	Iain	St Edmund Pacers	Senior
17	00:52:05	482	Neaves	Steven	Stowmarket Striders	Veteran
18	00:52:40	425	Macrossan	Ker	Ipswich JAFFA	Veteran
19	00:53:13	479	Green	Andy	Stowmarket Striders	Veteran
20	00:54:23	498	Ackerley	Roger	Woodbridge Shufflers	Veteran
21	00:55:27	464	Le-Poidevin	Steve	St Edmund Pacers	Veteran
22	00:55:30	462	Hatten	Steve	St Edmund Pacers	Veteran
23	00:56:12	440	Clarke	Neville	Newmarket Joggers	Veteran
24	00:56:57	420	Chenery	Duncan	Ipswich JAFFA	Veteran
25	00:57:07	452	Shand	Alan	Newmarket Joggers	Veteran
26	00:59:12	456	Withers	Jim	Newmarket Joggers	Veteran

Senior Men Con't						2010
Position	Time	No.	Surname	First Name	Club Name	Category
27	00:59:56	460	Gooderham	Ian	St Edmund Pacers	Veteran
28	01:01:15	418	Smith	Jeremery	Ipswich Harriers	Senior
29	01:03:51	486	Smith	Harry	Stowmarket Striders	Veteran
30	01:04:26	449	Janes	Stuart	Newmarket Joggers	Veteran
31	01:06:07	478	Burdett	Tony	Stowmarket Striders	Veteran
32	01:07:16	454	Vale	John	Newmarket Joggers	Veteran
33	01:08:25	477	Basham	Les	Stowmarket Striders	Veteran
34	01:10:15	406	Cox	William	Framlingham Flyers	Veteran
35	01:15:02	436	Peck	D	Newmarket Cycling & Tri Club	Veteran

TEAMS

1.	St Edmund Pacers A	1, 4,10,16	=	31 pts
2.	Newmarket Joggers A	2,8,13,15	=	38 pts
3.	Stowmarket Striders A	7,12,14,17	=	50 pts
4.	Ipswich Jaffa A	5,11,18,24	=	58 pts
5.	Newmarket Joggers B	23,25,26,30	=	104 pts

Under 17 Women

2010

Position	Time	No.	Surname	First Name	Club Name
1	00:25:02	267	Archer	Holly	West Suffolk A.C.
2	00:27:55	266	Anthony	Justine	West Suffolk A.C.
3	00:30:36	269	Waters	Grace	West Suffolk A.C.
4	00:35:45	265	Desborough	Tamsin	Waveney Valley A.C.

TEAMS

1	West Suffolk A.C.	1, 2, 3	=	6 pts
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Under 20 Women

2010

Position	Time	No.	Surname	First Name	Club Name
1	00:24:42	360	Addy	Kirsty	The Saxons
2	00:31:36	361	Baker	Emily	West Suffolk A.C.
3	00:34:05	600	Guy	Rebecca	St Edmund Pacers

NO TEAM

SENIOR WOMEN

2010

Position	Finish Time	Race No	Surname	First Name	Club Name	Category
1	00:22:34	105	Holme	Claire	Ipswich Harriers	Senior
2	00:25:59	130	McCarthy	Maureen	St Edmund Pacers	Veteran
3	00:26:12	122	White	Ursula	Newmarket Joggers	Senior
4	00:26:32	158	Jennings	Val	Ipswich JAFFA	Veteran
5	00:26:43	146	Narey	Mary	Stowmarket Striders A	Veteran
6	00:26:46	157	Colson	Sarah	West Suffolk A.C.	Veteran
7	00:26:56	123	Anthony	Chrstine	St Edmund Pacers	Veteran
8	00:27:13	108	Joiner-Hany	A	Newmarket Tri Club	Veteran
9	00:27:48	137	Corrigan	Gillian	Stowmarket Striders A	Senior
10	00:28:21	143	Knott	Nicola	Stowmarket Striders A	Veteran
11	00:29:21	131	Partridge	Pat	St Edmund Pacers	Veteran
12	00:29:46	132	Vick	Sarah	The Saxons	Veteran
13	00:30:04	124	Calver	Eloise	St Edmund Pacers	Veteran
14	00:30:44	117	Millington	Olive	Newmarket Joggers	Veteran
15	00:31:24	150	Suttle	Haley	Stowmarket Striders A	Veteran
16	00:32:35	106	Haselwood	Julie	Ipswich JAFFA	Veteran
17	00:33:00	144	Mayhew	Sandra	Stowmarket Striders	Veteran
18	00:33:16	121	Stolen	Sue	Newmarket Joggers	Veteran
19	00:35:51	135	Burdett	Angela	Stowmarket Striders	Veteran
20	00:37:11	147	Nash	Katy	Stowmarket Striders	Senior

TEAMS

1.	St Edmund Pacers	2,7,11	=	20 pts
2.	Stowmarket Striders A	5,9,10	=	24 pts
3.	Newmarket Joggers	3,14,18	=	35 pts
4.	Stowmarket Striders B	17,19,20	=	56 pts

Under 17 Men

2010

Position	Time	No	Surname	First Name	Club Name
1	21:42	383	Dawson	Simon	West Suffolk A.C.
2	22:03	376	Jackson	Danny	Ipswich Harriers
3	22:31	380	Powley	James	Ipswich JAFFA
4	23:41	386	Thomas	Luke	Ipswich Harriers
5	25:42	384	Rutter	Calum	West Suffolk A.C.

NO TEAM