

BRANTHAM 5 MILE AND JUNIOR FUN RUN

All profits to Radio Suffolk's New Children's Hospice Appeal



**ON FRIDAY 23RD JULY 2010
AT BRANTHAM LEISURE CENTRE. CO11 1RZ**

(LAST ENTRIES 30 MINUTES BEFORE START)

A GREAT EVENING OUT FOR ALL THE FAMILY



Increasing Children's Hospice Care
for Suffolk & North Essex

- * **BAR AND HOT FOOD AVAILABLE**
- * **SCENIC ROUTE OVERLOOKING RIVER STOUR**
- * **CAR PARKING AT LEISURE CENTRE**
- * **CHANGING FACILITIES/SHOWERS**
- * **PRESENTATION AT 9PM**

- * **CONTACT DETAILS:**
JANET WEBB - 01206 391965
PHIL WAINWRIGHT - 07721591748

- * **LAST YEARS WINNERS OF JUNIOR RACE**
1ST MALE - JONNIE BLAND
1ST FEMALE - ALICE MAQUIRE

- * **MEDALS TO ALL FINISHERS**
- * **TROPHIES - 1ST, 2ND & 3RD MALE**
1ST, 2ND & 3RD FEMALE
1ST VET MALE 40+/FEMALE 35+
1ST BRANTHAM FINISHER MALE/FEMALE
1ST UNDER 15 BOY & GIRL
1ST UNDER 12 BOY & GIRL

- * **LAST YEARS WINNERS:**
1ST MALE - PAUL MOLYNEUX 26:14
1ST FEMALE - SARAH STRADLING 28.43
1ST BRANTHAM MALE - ED NOBBS 30.58
1ST BRANTHAM FEMALE - SUSANNAH HANCOCK 34.59

ENTRY FORM

SURNAME

FORENAME

ADDRESS

POSTCODE E.MAIL

TELEPHONE CONTACT DATE OF BIRTH

SEX

M F

JUNIOR FUN RUN UNDER 15'S (APPROX 1 MILE)

15 & OVER 5 MILE RACE

PLEASE TICK THE APPROPRIATE BOX

START 7PM
START 7.30PM

AGE ON DAY OF RACE

Entry Fees

Unattached to running club

Attached to running club

NAME OF CLUB

5 Mile	£7.00	£5.00
Fun Run	£3.00	£3.00
Entries received on the day	£2.00 extra	Closing date for pre entry 16th July 2010

Amount Enclosed

I agree that the organisers should not be liable for any accidents, injury, loss or damage as a consequence of my participation in this event.
I am medically fit to run.

Signature.....

Entrants under 16 signature of Parent/Guardian.....

Cheques made payable to **BRANTHAM LEISURE CENTRE**

Please return this form with a SAE (A5 size min) to : **Janet Webb, 12 Hardy Close, Brantham, Manningtree. CO11 1RQ**