

# SELECTION CRITERIA FOR SUFFOLK INTER-COUNTY TEAMS

## **Southern Inter-Counties to be held on December 10<sup>th</sup> 2016 at Horspath,Oxfordshire.**

U13, U15, U17 male & female athletes. **.Ages are as at 31<sup>st</sup> August 2016 ( ie Domestic Age Groups).**  
Team Members will be selected on the basis of performances by Suffolk qualified athletes in Cross Country League races held during the 2016 season.  
Consideration may also be given to performances in cross country relays held during the 2016 season.

U20 Women and Senior Women.  
Athletes will be selected on current form and at the team manger's discretion.

---

## **UKCAU Inter-Counties to be held on 11<sup>th</sup> March 2017 in Grounds of Prestwold Hall,Loughborough**

It is intended to use the County Cross-Country Championships, held on 8<sup>th</sup> January at Heveningham Hall, as the primary basis for selection. Therefore, any athlete who wishes to be considered for selection in the Suffolk team must enter in the Suffolk Championships but NOT necessarily run.

U13, U15 & U17 male and female athletes. **NOTE.Ages are as at 31<sup>st</sup> August 2016 ( ie Domestic Age Groups).**  
Invitations to participate will be given to the first **four** in the Suffolk Cross Country Championships. Selections for the remaining places will be based on performances in the Cross country league races and any Suffolk Schools Championships held during the 2016/2017 season and the Southern Cross Country Championships to be held on 28<sup>th</sup> January 2017 at Parliament Hill,London.

U20 male and female athletes. **NOTE.Ages are as at 31<sup>st</sup> December 2017 ( ie International Age Groups).**  
Invitations to participate will be given to the first **four** in the Suffolk Cross Country Championships. Selections for the remaining places will be based on performances in the Cross country league races held during the 2016/2017 season and the Southern Cross Country Championships to be held on 28<sup>th</sup> January 2017 at Parliament Hill,London

Senior Men and Women **NOTE.Ages are as at 31<sup>st</sup> December 2017 ( ie International Age Groups).**  
Athletes will be selected on current form and at the Team Manager's discretion.

**Mens Team Manager Martin Brophy contact** [martyn.brophy@ntlworld.com](mailto:martyn.brophy@ntlworld.com)

**Womens Team Manager Karin Mead contact** [patandkarinmead@hotmail.co.uk](mailto:patandkarinmead@hotmail.co.uk)

# SUFFOLK COUNTY ATHLETIC ASSOCIATION



Congratulations on your performance today. If you wish, you may now be considered for selection to represent SUFFOLK AA.

SUFFOLK AA sends teams to an Inter-Counties races one in March to the UK Counties Athletics Union (UKCAU).The race is the Team GB trial for the world championships at Junior and Senior levels and is usually televised on sky sports.

Date of Race is 7<sup>th</sup> March 2015 at Cofton Park Birmingham.

Coach will leave Crown Street Lay-By, Ipswich at 6.00a.m. Stopping at Council Offices back of Track, Bury St.Edmunds at 6.45a.m.

If you wish to be considered for these championships, please inform me by Saturday 17<sup>th</sup> January 2015 my e-mail with details to Karin Mead.....patandkarinmead@hotmail.co.uk

Or complete the slip below and post to:

Karin Mead, Hillside, Birds Green. Rattlesden. Bury St/Edmunds. Suffolk IP30 0RT

Women's Cross country Team Manager

Please also note that a small charge will be collected for Transport, £5.00 for Athletes and £10.00 all others.

Name.....D.O.B...../...../.....

Athletes Licence Number.....

Telephone No.....

Address:.....

.