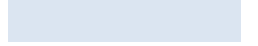


Suffolk Cross County Championships

<u>Culford School</u>			<u>Women</u>	<u>06-Jan-19</u>	
Pos	No	Name	Club	Time	
1	200	Emily Moyes	Aldershot Farnham & District	38	24
2	299	Samantha Lines	Waveney Valley AC a	38	51
3	251	Laura Thomas	Ipswich JAFFA RC a	39	46
4	305	Heather Noone	Woodbridge Shufflers Rc	39	50
5	238	Sara Bird	Ipswich JAFFA RC a	39	57
6	261	Jemma Clarry	Saint Edmund Pacers a	40	23
7	235	Hannah Pettersson	Ipswich Harriers a	40	36
8	234	Alice Goodwin	Ipswich Harriers a	41	42
9	266	Angela Joiner-Handy V45	Saint Edmund Pacers a	42	53
10	268	Katie King	Saint Edmund Pacers a	44	00
11	265	Cath Jeffery V40	Saint Edmund Pacers a	44	05
12	303	Christine Anthony V55	West Suffolk Ac	44	59
13	274	Lucy Smith	Saint Edmund Pacers b	45	15
14	291	Sandy Thorogood V50	Sudbury Joggers	45	16
15	242	Rosie Horsfield	Ipswich JAFFA RC a	45	26
16	273	Odette Robson V45	Saint Edmund Pacers b	45	29
17	295	Zoe Chase V40	Waveney Valley AC a	45	53
18	306	Emilie Wix	Woodbridge Shufflers Rc	46	26
19	213	Geraldine Clarke V50	Framlingham Flyers	46	37
20	229	Karen Martin	Haverhill Running Club a	46	42
21	297	Jess Hall	Waveney Valley AC a	47	01
22	267	Ruth Kieran V40	Saint Edmund Pacers b	47	10
23	246	Esther Lury V40	Ipswich JAFFA RC a	47	12
24	285	Sally-ann Bowen V45	Sudbury Joggers	47	14
25	271	Amanda Martin V50	Saint Edmund Pacers c	47	22
26	228	Vashti MacDonald-Clink	Haverhill Running Club a	47	27
27	245	Val Jennings V50	Ipswich JAFFA RC b	47	30
28	205	Sarah Fitch V45	Felixstowe RRC a	47	32
29	254	Emma Newman	Newmarket Joggers a	47	41
30	260	Claire Brown V50	Saint Edmund Pacers c	47	44
31	269	Gill Leathers V50	Saint Edmund Pacers b	47	51
32	249	Samantha Spencer	Ipswich JAFFA RC b	48	01
33	250	Julia Stell V40	Ipswich JAFFA RC b	48	07
34	300	Sarah Norman V40	Waveney Valley AC b	48	10
35	283	Mary Narey V50	Stowmarket Striders RC a	49	12
36	239	Sophie Coleman	Ipswich JAFFA RC c	50	21
37	224	Rachel Bodsworth V40	Hadleigh Hares Ac	50	30
38	262	Hayley Coates	Saint Edmund Pacers c	50	44
39	230	Tracy Quarrell V45	Haverhill Running Club a	50	58
40	227	Shirley Fowler V50	Haverhill Running Club b	51	24
41	296	Susannah Close	Waveney Valley AC a	51	31

42	293	Lizzie Hicks	Unattached	51	33
43	276	Sandra Webb V45	Saint Edmund Pacers d	51	37
44	226	Morgane Brugger	Haverhill Running Club a	51	42
45	301	Stephanie Pimlott	Waveney Valley AC b	51	56
46	302	Kerry Saunders V40	Waveney Valley AC b	51	57
47	236	Ruth Baker V40	Ipswich JAFFA RC b	52	01
48	218	Michelle Hewitt	Framlingham Flyers	52	59
49	280	Kate Cooper	Stowmarket Striders RC a	53	18
50	208	Linda Aldred V45	Framlingham Flyers	53	37
51	264	Carolyn Haworth V60	Saint Edmund Pacers c	53	58
52	258	Alison Blackwell V45	Saint Edmund Pacers d	54	02
53	217	Emma Janye Harwood V45	Framlingham Flyers	54	03
54	220	Jo Parden V50	Framlingham Flyers	54	04
55	298	Rebecca Harris	Waveney Valley AC b	54	09
56	219	Clare Moodie V40	Framlingham Flyers	54	15
57	214	Sarah Davis V55	Framlingham Flyers	54	22
58	225	Fiona Holland V60	Hadleigh Hares AC	54	24
59	211	Holly Burrows	Framlingham Flyers	54	33
60	247	Claire Palfrey V40	Ipswich JAFFA RC c	54	52
61	294	Lorraine Reeves V45	Unattached	54	57
62	243	Corinna Hussey V45	Ipswich JAFFA RC c	55	06
63	287	Ruth Cowlin V50	Sudbury Joggers	55	19
64	281	Deirdra Keating V50	Stowmarket Striders RC a	55	40
65	282	Sandra Mayhew V50	Stowmarket Striders RC a	55	46
66	253	Danielle Jones	Newmarket Joggers a	55	53
67	257	Eloise Bird V50	Saint Edmund Pacers d	56	04
68	223	Marion Walker V60	Framlingham Flyers	56	30
69	248	Sandy Phillips V50	Ipswich JAFFA RC c	56	44
70	244	Kate Hutson	Ipswich JAFFA RC d	57	03
71	292	Elisabeth Peck V40	Thetford AC	57	52
72	286	Samantha Cooper V50	Sudbury Joggers	58	42
73	252	Jan Holmes V55	Newmarket Joggers a	59	54
74	233	Mandy Godbold V50	Ipswich Harriers a	59	58
75	221	Vivienne Taylor V65	Framlingham Flyers	60	16
76	255	Belinda Schofield V60	Newmarket Joggers a	60	39
77	231	Maria Reed V55	Haverhill Running Club b	60	46
78	284	Cathy Beard V65	Sudbury Joggers	61	11
79	207	Hollie Sutherland	Felixstowe RRC a	62	03
80	201	Claire Goldstone	Brandon Fern Hoppers	62	17
81	216	Elsbeth Gilmour V40	Framlingham Flyers	63	02
82	237	Alison Beech V60	Ipswich JAFFA RC d	63	40
83	215	Diane Doyle V40	Framlingham Flyers	63	53
84	241	Julie Haselwood V65	Ipswich JAFFA RC d	64	24
85	256	Svitlana Zinchenko	Newmarket Joggers	65	55
86	277	Tina Church V45	Saxmundham Sports Running & Fitness Club	67	19
87	275	Angie Underdown V50	Saint Edmund Pacers d	69	25
88	212	Angela Cherrett V60	Framlingham Flyers	73	58



Suffolk Cross County Championships

Culford School

Women

06-Jan-19

Womens Team Result

1 Ipswich JAFFA RC a	23
2 Saint Edmund Pacers a	25
3 Waveney Valley AC a	40
4 Saint Edmund Pacers b	51
5 Haverhill Running Club a	85
6 Ipswich Harriers a	89
7 Ipswich JAFFA RC b	92
8 Saint Edmund Pacers c	93
9 Sudbury Joggers	101
10 Framlingham Flyers	117
11 Waveney Valley AC b	125
12 Stowmarket Striders RC a	148
13 Ipswich JAFFA RC c	158
14 Saint Edmund Pacers d	162
15 Newmarket Joggers a	168
16 Ipswich JAFFA RC d	236
17	
18	