

Women V40 Suffolk Cross County Championships

		<u>Culford School</u>	<u>Women V40</u>			<u>06-Jan-19</u>		
Pos		No	Name	Club			Time	
1	b1	265	Cath Jeffery V40	Saint Edmund Pacers a	Saint Edmund Pacers a	44	05	
2	b2	295	Zoe Chase V40	Waveney Valley AC a	Waveney Valley AC a	45	53	
3	b3	267	Ruth Kieran V40	Saint Edmund Pacers b	Saint Edmund Pacers b	47	10	
4	b4	246	Esther Lury V40	Ipswich JAFFA RC a	Ipswich JAFFA RC a	47	12	
5	b5	250	Julia Stell V40	Ipswich JAFFA RC b	Ipswich JAFFA RC b	48	07	
6	b6	300	Sarah Norman V40	Waveney Valley AC b	Waveney Valley AC b	48	10	
7	b7	224	Rachel Bodsworth V40	Hadleigh Hares Ac	Hadleigh Hares Ac	50	30	
8	b8	302	Kerry Saunders V40	Waveney Valley AC b	Waveney Valley AC b	51	57	
9	b9	236	Ruth Baker V40	Ipswich JAFFA RC b	Ipswich JAFFA RC b	52	01	
10	b10	219	Clare Moodie V40	Framlingham Flyers	Framlingham Flyers	54	15	
11	b11	247	Claire Palfrey V40	Ipswich JAFFA RC c	Ipswich JAFFA RC c	54	52	
12	b12	292	Elisabeth Peck V40	Thetford AC	Thetford AC	57	52	
13	b13	216	Elsbeth Gilmour V40	Framlingham Flyers	Framlingham Flyers	63	02	
14	b14	215	Diane Doyle V40	Framlingham Flyers	Framlingham Flyers	63	53	
15	b15							
16	b16							
17	b17							
18	b18							
19	b19							
20	b20							
21	b21							
22	b22							
23	b23							
24	b24							
25	b25							

Women V50 Suffolk Cross County Championships

Culford School

Women V50

06-Jan-19

		No	Name	Club		Time	
1	d1	291	Sandy Thorogood V50	Sudbury Joggers	Sudbury Joggers	45	16
2	d2	213	Geraldine Clarke V50	Framlingham Flyers	Framlingham Flyers	46	37
3	d3	271	Amanda Martin V50	Saint Edmund Pacers c	Saint Edmund Pacers c	47	22
4	d4	245	Val Jennings V50	Ipswich JAFFA RC b	Ipswich JAFFA RC b	47	30
5	d5	260	Claire Brown V50	Saint Edmund Pacers c	Saint Edmund Pacers c	47	44
6	d6	269	Gill Leathers V50	Saint Edmund Pacers b	Saint Edmund Pacers b	47	51
7	d7	283	Mary Narey V50	Stowmarket Striders RC a	Stowmarket Striders RC a	49	12
8	d8	227	Shirley Fowler V50	Haverhill Running Club b	Haverhill Running Club b	51	24
9	d9	220	Jo Parden V50	Framlingham Flyers	Framlingham Flyers	54	04
10	d10	287	Ruth Cowlin V50	Sudbury Joggers	Sudbury Joggers	55	19
11	d11	281	Deirdra Keating V50	Stowmarket Striders RC a	Stowmarket Striders RC a	55	40
12	d12	282	Sandra Mayhew V50	Stowmarket Striders RC a	Stowmarket Striders RC a	55	46
13	d13	257	Eloise Bird V50	Saint Edmund Pacers d	Saint Edmund Pacers d	56	04
14	d14	248	Sandy Phillips V50	Ipswich JAFFA RC c	Ipswich JAFFA RC c	56	44
15	d15	286	Samantha Cooper V50	Sudbury Joggers	Sudbury Joggers	58	42
16	d16	233	Mandy Godbold V50	Ipswich Harriers a	Ipswich Harriers a	59	58
17	d17	275	Angie Underdown V50	Saint Edmund Pacers d	Saint Edmund Pacers d	69	25
18	d18						

Women V55 Suffolk Cross County Championships

		<u>Culford School</u>	<u>Women V55</u>			<u>06-Jan-19</u>	
		No	Name	Club		Time	
1	e1	303	Christine Anthony V55	West Suffolk Ac	West Suffolk Ac	44	59
2	e2	214	Sarah Davis V55	Framlingham Flyers	Framlingham Flyers	54	22
3	e3	252	Jan Holmes V55	Newmarket Joggers a	Newmarket Joggers a	59	54
4	e4	231	Maria Reed V55	Haverhill Running Club b	Haverhill Running Club b	60	46
5	e5						
6	e6						
7	e7						

Women V60 Suffolk Cross County Championships

		<u>Culford School</u>	<u>Women V60</u>			<u>06-Jan-19</u>	
		No	Name	Club		Time	
1	f1	264	Carolyn Haworth V60	Saint Edmund Pacers c	Saint Edmund Pacers c	53	58
2	f2	225	Fiona Holland V60	Hadleigh Hares AC	Hadleigh Hares AC	54	24
3	f3	223	Marion Walker V60	Framlingham Flyers	Framlingham Flyers	56	30
4	f4	255	Belinda Schofield V60	Newmarket Joggers a	Newmarket Joggers a	60	39
5	f5	237	Alison Beech V60	Ipswich JAFFA RC d	Ipswich JAFFA RC d	63	40
6	f6	212	Angela Cherrett V60	Framlingham Flyers	Framlingham Flyers	73	58
7	f7						

Women V65 Suffolk Cross County Championships

Culford School

Women V65

06-Jan-19

		No	Name	Club	
1	g1	221	Vivienne Taylor V65	Framlingham Flyers	Framlingham Flyers
2	g2	284	Cathy Beard V65	Sudbury Joggers	Sudbury Joggers
3	g3	241	Julie Haselwood V65	Ipswich JAFFA RC d	Ipswich JAFFA RC d
4	g4				
5	g5				

Time	
60	16
61	11
64	24

Women V70 Suffolk Cross County Championships

Culford School

Women V70

06-Jan-19

		No	Name	Club
1	h1			
2	h2			
3	h3			
4	h4			
5	h5			

Time	