

POWTERS NEWMARKET 10K

(Under UK:A Rules) (Permit No: 20090846)

Incorporating the Sport Newmarket Local Team Challenge

SUNDAY 4th JULY 2010 at 11am

Children's Fun Run: 10am (entries on day)

START & FINISH Ellesmere Centre, Stetchworth Village, Near Newmarket CB8 9TS
Male and female showering and changing facilities, car parking, refreshments and hall available

ENTRY FEES Affiliated Club Runners: £8.00, Non-affiliated runners: £10.00
Entries on the day + £2

PRIZES 1st 2nd 3rd Male and Female Open
Male and Female 1st prizes for V40, V45, V50, V55 and V60+
Teams: Men's and Ladies – 3 to score
First under 21 – Sean Harper Junior Cup

Only one prize per runner will be awarded, trophies will be awarded to the first mixed teams of four to cross the line from local villages and businesses



ENTRIES Please post to:
Jennie Grimwood, 80 Drinkwater Close, Newmarket, Suffolk CB8 0QW
ALL NUMBERS TO BE PICKED UP ON DAY.

ONLINE ENTRIES www.newmarketjoggers.org.uk,

DEADLINE FOR POSTAL ENTRIES: Monday 28th June 2010

ALL ENQUIRIES Jennie Grimwood 01638 664552 / 07720 567494
jennie.grimwood@btinternet.com

YOU CAN ENTER ONE CATEGORY ONLY

ENTRY FORM for affiliated & unaffiliated runners

Please enter me for the Newmarket 10k for which I enclose a cheque for £_____ (payable to Newmarket Joggers)

First name	Surname	
Address		
Postcode		
Email		
Telephone daytime	evening	
Affiliated club (if applicable)		
Date of birth	Age on 01.05.10	Gender

I declare that I am medically fit to take part in this event and understand that I enter at my own risk and that the organisers shall not be held responsible for any injury loss damage or action claim as a consequence of my participation in this event. I am an amateur as defined by UK athletics and agree to bound by their rules. I will comply with all instructions given by the race marshals and police. A signed entry form is considered acceptance of the above declaration.

Signed _____ Date _____

ENTRY FORM for Sport Newmarket Local Team Challenge

Please enter me for the Sport Newmarket Local Team Challenge for which I enclose a cheque for £_____ (payable to Newmarket Joggers)

First name	Surname	
Address		
Postcode		
Email		
Telephone daytime	evening	
Affiliated club (if applicable)	Team Name / Village	
Date of birth	Age on 01.05.10	Gender

I declare that I am medically fit to take part in this event and understand that I enter at my own risk and that the organisers shall not be held responsible for any injury loss damage or action claim as a consequence of my participation in this event. I am an amateur as defined by UK athletics and agree to bound by their rules. I will comply with all instructions given by the race marshals and police. A signed entry form is considered acceptance of the above declaration.

Signed _____ Date _____