

BRANTHAM 5 MILE AND JUNIOR FUN RUN



ON FRIDAY 24TH JULY 2009
AT BRANTHAM LEISURE CENTRE. CO11 1RZ
START TIME—FUN RUN 7PM, 5 MILE 7.30
(LAST ENTRIES 30 MINUTES BEFORE START)



A GREAT EVENING OUT FOR ALL THE FAMILY

- * **BAR AND HOT FOOD AVAILABLE**
- * **SCENIC ROUTE OVERLOOKING RIVER STOUR**
- * **CAR PARKING AT IMAGEDATA**
- * **CHANGING FACILITIES/SHOWERS**
- * **NEW STARTING PLACE THIS YEAR**

- * **JUNIOR COURSE FOR UNDER 15'S (Approx 1 Mile)**
- * **LAST YEARS WINNERS:**
1ST MALE - JAMES POWLEY
1ST FEMALE - JESSIE GOODERHAM

- * **CONTACT DETAILS:**
JANET WEBB - 01206 391965
PHIL WAINWRIGHT - 07721591748

- * **MEDALS TO ALL FINISHERS**
- * **TROPHIES - 1ST, 2ND & 3RD MALE**
1ST, 2ND & 3rd FEMALE
1ST VET MALE 40+/FEMALE 35+
1ST BRANTHAM FINISHER MALE/FEMALE
- * **PRESENTATION AT 9PM**
- * **LAST YEARS WINNERS:**
1ST MALE - DAVID MILLER 26:30
1ST FEMALE - CHARLOTTE SMITH 31:27
1ST BRANTHAM MALE - ED NOBBS 32:03
1ST BRANTHAM FEMALE - DEBBIE PEMBROKE 43:45
1ST MALE VET—GEOFFREY TOMLINSON 30:30
1ST FEMALE VET - FRAN NORRIS 35:00

ENTRY FORM

SURNAME SEX M F

FORENAME

ADDRESS

POSTCODE E.MAIL

TELEPHONE MOBILE

HOME DATE OF BIRTH

MINIMUM AGE FOR 5 MILE RUN—15 (on race day)

AGE ON DAY OF RACE

Please enter me for 5 mile Fun Run

Entry Fees	Attached to running club	NAME OF CLUB	Unattached to running club
5 Mile	£5.00		£7.00
Fun Run	£3.00		£3.00

Entries received on the day £2.00 extra Closing date for pre entry 18th July 2009

Amount Enclosed

I agree that the organisers should not be liable for any accidents, injury, loss or damage as a consequence of my participation in this event. I am medically fit to run.

Signature.....

Entrants under 16 signature of Parent/Guardian.....

Cheques made payable to **BRANTHAM LEISURE CENTRE**

Please return this form with a SAE (A5 size min) to : **Janet Webb, 12 Hardy Close, Brantham, Manningtree. CO11 1RQ**