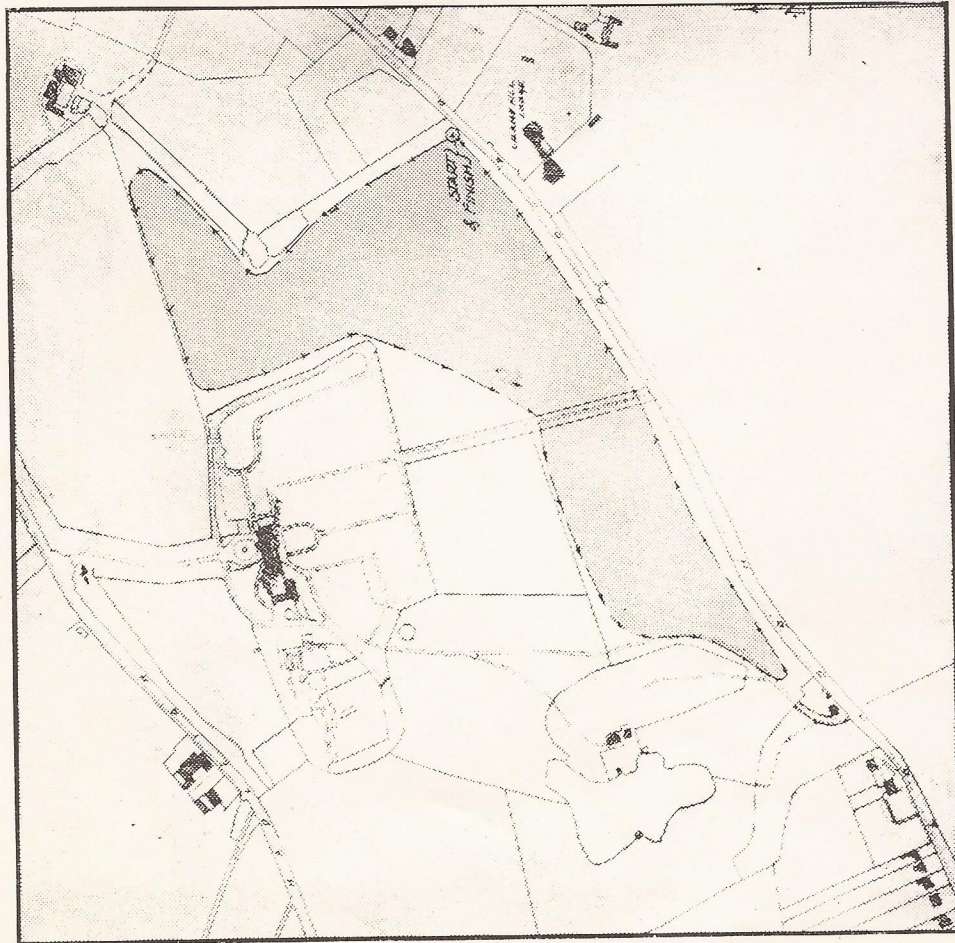


THE COURSE.



The course, which is 1 mile 550 yards in length, and is to be covered five times, will be plainly marked by flags, and runners must keep to the right of them.

Teams assemble at the Raleigh Road Schools, where dressing accommodation has been provided by kind permission of the Ipswich Education Committee.

All competitors must have their numbers sewn on *back* and *front* of singlet.

Members of the Ipswich St. John Ambulance will be in attendance.
Betting strictly prohibited.

PRIZES.

Medals, given by the Woodbridge Harriers, will be presented to the first three home, and sets of County medals to the first three teams. Silver medals, given by the Ipswich Harriers, will be awarded to the first man home of each unplaced team, and a special medal to the first individual entrant has also been given. The "News of the World" also kindly offer medals for the first two novices (A.A.A. definition) to finish. A certificate of merit will be sent to every unplaced winner who finishes within seven minutes of the first man home.

After the race Teams and Officials assemble at the Royal William Hotel, London Road, where a meat tea at 1s. 6d. per head has been arranged for 4.45 p.m. Chairman, R. R. Thurlow (Suffolk County A.A.A.) Distribution of medals at the conclusion by Sir John Ganzoni, M.P.

SUFFOLK COUNTY AMATEUR
ATHLETIC ASSOCIATION.



FIRST ANNUAL CROSS-COUNTRY CHAMPIONSHIP

(Under A.A.A. Laws and S.C.C.A. Rules).

ON
SATURDAY, DECEMBER 3rd, 1927,

IN THE
CHANTRY PARK,
IPSWICH

(By kind permission of Capt. H. Jump and R. Bond, Esq.).

LONDON ROAD ENTRANCE ONLY.

DISTANCE, 6½ MILES.

SIR JOHN GANZONI, M.P., will start the Race at
2.30 p.m. Sharp.

Official Programme, 3d.

W. J. LEATHLEY, *Hon. Sec.*,
19, London Road,
Ipswich.